



PENINSULA

GRAMMAR

INSPIRING PERFORMANCE



SPORT INFORMATION BOOKLET

PARENTS, STUDENTS & STAFF

KEY CONTACTS

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| Sport Department |
| sport@pgs.vic.edu.au |
| For all sport enquires and absence notifications. |
| Adverse Weather |
| 9788 7625 |
| Sport absentee Saturday morning: |
| 9788 7800 |
| absent@pgs.vic.edu.au |

STAFF

DIRECTOR OF SPORT

Mrs Deb Gardener
dgardener@pgs.vic.edu.au
Sport Program and all other queries

ASSISTANT DIRECTOR OF SPORT

Miss Melissa Cunnington
mcunnington@pgs.vic.edu.au
Student Sport Choices, Student Queries

SPORT ADMINISTRATOR

Mr Keith de Kretser
kdekretser@pgs.vic.edu.au
General Queries, Fixtures & Training times

WELCOME

Welcome to Peninsula Grammar Sport.
At Peninsula Grammar we aim to provide an inspiring
sport program for our students.

Inspiration in our Sport department may be the opportunities to learn new sports, or for students to extend themselves in the sport they love. Inspiration comes from working with elite coaches and athletes, inspiring role models and encouraging mentors.

Opportunities to participate in sporting tours and tournaments and a commitment to the continual improvement of our extensive sporting facilities provide inspiration for students to enhance their sporting experience

Sport has never been more important than it is today. On the sporting field our students develop new friendships and connections, vital factors in wellbeing. They develop skills in

teamwork, sportsmanship, determination, humility and courage, as well as understanding the commitment and service integral to our school community. School sport provide the ideal pathway for young people to engage in sport and physical activity..

We aim to develop great young people through Sport.

I sincerely hope you will find your involvement in Sport at Peninsula a positive and inspiring experience, one that will stay with you well beyond the gates and into your future.

Deb Gardener
Director of Sport



SPORT PROGRAM

Peninsula Grammar's major sporting competition is with the Associated Grammar Schools of Victoria (AGSV) for boys and the combined Associated Grammar Schools of Victoria and Associated Public Schools for girls (AGSV/APS).

Sport at Peninsula Grammar is compulsory for all students and takes priority over any community sport, part-time work or family commitments.

All students in Year 7-12 are involved in a Summer and Winter Season sport, selected from an extensive range of options, as either as a player or official. Each season involves weekly training and 9 rounds of competitions, for most teams. Opportunities exist for students to participate in additional sporting opportunities through the year.

| | |
|----------------------|----------------------------|
| Summer Season | Term 4 – Term 1 |
| Winter Season | Term 2 – Mid Term 3 |
| Spring Season | Term 3 |

As listed on the enrolment agreement, all students must be available if chosen for a school team as either a player or official. All students must be available for the major sporting seasons, which include swimming, athletics, cross country, summer and winter sport. It is the student's responsibility to know of their sport commitments, including training and scheduled matches / fixtures.

Students are encouraged to continue, where possible, with their community sport commitments, in addition to their school sport programs. Connections made through community sport are very important.

School sport participation typically involves one weekly training session and a weekly competition, generally held on a Saturday morning.

ASSOCIATE GRAMMAR SCHOOLS OF VICTORIA (AGSV)



Peninsula Grammar is a member of the Associate Grammar School of Victoria (AGSV). the Associated Grammar Schools of Victoria (AGSV) is well established as one of the leading school sporting associations in Victoria. The AGSV takes pride in continuing to promote a strong sporting culture within its nine member schools, with almost 10,000 students competing in AGSV weekly sporting competitions and carnivals on offer each year.



COLLABORATION WITH THE ASSOCIATE PUBLIC SCHOOLS (APS)

The Co-Educational schools from the Associated Grammar Schools of Victoria (AGSV) and the Associated Public Schools (APS) have combined to provide a Girls' Sporting Competition since 2000. The Co-Educational Schools belonging to the APS and AGSV have combined to provide an outstanding sporting competition for the girls at their respective schools. This competition continues to grow in the number of participants and sports. The competition has successfully provided well organised, competitive games for girls of various abilities and ages. The twelve schools are confident that the competition will continue to flourish and expand over the coming years.



SPORT OPTIONS

All students must complete two full seasons of sport, Summer during Terms 4 and 1 and Winter during Terms 2 and 3.

SUMMER SPORTS

| |
|------------------------|
| Badminton |
| Basketball (Boys) |
| Cricket (Boys & Girls) |
| Equestrian |
| Golf |
| Sailing |
| Softball |
| Swimming |
| Table Tennis |
| Tennis |
| Touch Football (Girls) |
| Triathlon |
| Volleyball |

WINTER SPORTS

| |
|---------------------------|
| Aerobics |
| Badminton |
| Basketball (Girls & Boys) |
| Cross Country |
| Dance |
| Equestrian |
| Netball (Girls) |
| Snowsports |
| Soccer |
| Tennis |

SPRING

| |
|----------------------------|
| Athletics |
| Sport Development Programs |

TEAM ALLOCATION & TRAINING SCHEDULE

Students are allocated to teams as part of our Year Level Sport program or as part of our First Team Program.

YEAR LEVEL TEAM TRAINING

Students are required to train with their team one session a week as scheduled by the school. In certain sports there is additional training opportunities. Year level team training will usually train once per week.

FIRSTS/OPEN TEAM TRAINING

Peninsula Grammar's goal is to enter the AGSV / APS Firsts competition where possible. If it is determined that the standard of the competition is beyond our current playing group, we will enter the next available level of competition. When this occurs, the team will not be called a 'Firsts' team, instead be referred to as an 'Open' team.

Firsts and Open teams will usually train twice a week.

Should any other program be offered in the School that clash with Sports trainings students will be required to attend the sports practice as a priority.

On occasions other players will be invited to attend First team training. These invitations may be in the form of a skills squad or merely extra coaching sessions being made available to players showing interest and ability in a chosen sport.

TEAM PLACEMENT

Teams are placed into various AGSV Competitions as follows:

- 'A' division in all year level competitions is the highest standard for all sports. At Open level First, Seconds, Thirds etc. are the divisions created.
- B and C divisions are created if there are 5 or more AGSV/ APS schools placing teams in this division. If not, then the competition does not proceed OR divisions are merged (ie: no C division and just a larger B division is formed).

Peninsula Grammar endeavours to place all teams in the appropriate competition based on ability level. Teams are constantly monitored so that this occurs and that all students participate in sport in a positive and nurturing environment.

SELECTION PROCESS

All students will be given the opportunity to participate in the sports of their choice unless they have an identified talent in a particular sport, or the sport is full. During the first few weeks of each season, trials will be held, if required, before students are allocated to a team consistent with their ability. This initial team allocation is not final and will depend upon students' development and aptitude.

Teams will be selected or confirmed by the coach and placed on the students Sports Zenith page. ALL students have the responsibility of checking the selection of teams on Zenith throughout the week, however students are specifically instructed to check Zenith on a Friday to ensure they have the latest details communicated to them.

Any student named as an emergency is required to be available up until the starting time of the scheduled fixture. They are required to be ready to play at a phone call's notice.

- All teams are created on the basis of numbers (and positions where appropriate) within the sport.
- The best squad members will be chosen for the A team and then students can be placed in appropriate teams for their abilities
- If a student is ever unsure of what team they are in or would like to clarify anything they should contact the Sport Department
- If a student fails to attend training or misses sport training/ matches they may be asked to choose a different sport hence forfeiting their right to participate in their first sport preference, regardless of ability
- Every endeavour will be made to allocate students to their first preference but unfortunately this will not always be the case and they may be required to participate in their second or third preference.









STUDENT EXPECTATIONS

- Attend every training session and every fixtured game
- Wear the correct uniform
- Respect officials' and adults' decisions
- Observe all rules of the sport and the code of conduct
- Display good sportsmanship towards opponents and teammates
- Communicate effectively with the coach and team manager.

ATTENDANCE AT SPORT

Attendance at all allocated sporting events is compulsory. This involves all specified sports training sessions and scheduled fixtures.

Staff maintain an accurate attendance record at all times and will follow up students regarding non-attendance.

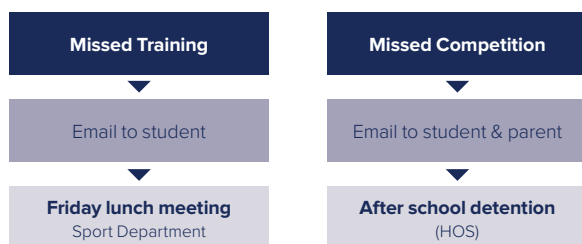
Unexplained absence from any training will result in a Friday lunchtime meeting with the Sport Department.

Unexplained absence from any competition or match will result in an after school detention. Students who are absent due to illness or injury will require a medical certificate.

LONG TERM ABSENCES/INJURIES

If there is a long-term absence (longer than one week), a written note **and a medical certificate** should be presented to the Director of Sport before the relevant training sessions or the day that they are next at school. A return to sport date should date will be negotiated by the relevant head of Sport in accordance with the medical advice presented and school procedures.

Where possible, injured students should continue to be part of their team, potentially taking on a assistant or official role.



EXEMPTION FROM SPORT

Students are sometimes affected by illness, injury or are a part of an elite athlete program outside of school. If this is the case then the students' parents should write to the Director of Sport explaining their reasoning for wanting to be exempted from Sport (this is reviewed seasonally and therefore applications need to be in writing at the commencement of each season, or as soon as is practical in the case of severe illness or injury). Supporting documents are also required in relation to the request (i.e. doctors certificates/notes or elite coaches' recommendations). Once this has been received then the Director of Sport consults with the Executive as to the appropriate outcome. The parents are then notified of the outcome in writing via the Deputy Principal.

ELITE ATHLETES (STATE/ NATIONAL TEAM PATHWAYS)

The Sport Department is mindful of our Elite Athletes within the school and the extensive programs they undertake. Students in this category should communicate with the Director of Sport as to the best course of action for their sporting requirements. The Director of Sport, in consultation with the Executive, reviews each case and looks to a program that suits the student. However, they are expected to play and/or train if they are out of season and assist the school sports program when and where possible (ie coaching, umpiring, mentoring etc).

FIRST AID

All staff carry a first aid bag as well as all the necessary and current medical information and medicines (ie: Epipens) to every training and match. In addition, students who are anaphylactic are expected to have their own Epipen with them at all times as per the School's policies and procedures. Students/Parents are encouraged to notify the school immediately should any medical/ health information change (via Operoo or the Student Health Centre). First Aid is also provided at all venues. Students are also encouraged to wear hats, apply sunscreen and drink water during their sporting activities (especially outdoor and/or in hot conditions).

COMMUNICATION

Peninsula Grammar Sport has several modes of communication when considering all things Sport. The different modes of communication include:

ZENITH

The Sport tile on Zenith hold general information regarding sport, including training times, reminders, and season fixtures.
<https://zenith.peninsulagrammar.vic.edu.au/login/>.

FACEBOOK

Like “Peninsula Grammar” on Facebook and you will be updated with all the latest news and sporting achievements relating to Sport.
<https://www.facebook.com/PeninsulaGrammar>.

TWITTER

Follow @PEN_Sport on Twitter and you will be updated with the latest scores, cancellations or news.

FIXTURES

The Sporting Calendar of dates is available from the Sports Zenith page at the beginning of each year. It will outline the key dates for AGSV and APS Summer and Winter sport and any additional pre- approved programmes.

Information can also be obtained via the AGSV Sport webpage [Associated Grammar Schools Victoria](#) and the APS Sport webpage [Sports – APS Sport](#).

FIXTURES

Sporting fixtures can be found on the Zenith Sport page and on students Zenith calendar.

AGSV Fixtures/Results
<https://www.agsvsport.com.au/fixtures-results/>.





UNIFORM & SPORTS EQUIPMENT

Whilst regulations for particular sports require safety equipment to be worn, the school strongly recommends that all students provide and wear the relevant safety equipment at both training and matches for all sports. This includes mouthguards and shin pads for all contact sports.

Correct uniform is a compulsory aspect of representing the School both at training and in competition. While travelling to and arriving at sporting fixtures students are to wear their school hoodie and Peninsula Grammar tracksuit pants or the correct sports uniform for the sport they are playing. Students are required to change at the end of the day for sports practice that commence after school.

A list of what the school supplies and what parents are required to purchase is shown below.

| Sport | Uniform | First Team Uniform | PGS Equipment Provided | Parent To Purchase |
|---------------|--|---|---|---|
| Aerobics | <ul style="list-style-type: none"> PGS Athletics singlet PGS navy sport short PGS navy sport polo PGS sport socks | NA | No equipment supplied | Appropriate shoes |
| AFL | <ul style="list-style-type: none"> PGS AFL guernsey PGS AFL shorts Mouthguard - compulsory Red long PGS AFL Socks | <ul style="list-style-type: none"> Firsts PGS AFL Guernsey First PGS white shorts (Away) First PGS blue shorts (Home) First AFL socks First AFL training top | | Mouth guard (compulsory) & boots (optional) |
| Athletics | <ul style="list-style-type: none"> PGS Athletics singlet PGS navy sport short PGS navy sport polo PGS sport socks | NA | Spikes on loan | Not required |
| Badminton | <ul style="list-style-type: none"> PGS white striped sport shirt PGS navy sport shorts PGS sport socks | <ul style="list-style-type: none"> PGS First Badminton top | Racquets on loan | Badminton racquet |
| Basketball | <ul style="list-style-type: none"> PGS Basketball singlet PGS Basketball shorts PGS sport socks | <ul style="list-style-type: none"> PGS First Basketball singlet PGS First Basketball shorts PGS First training long sleeve shirt | Training equipment | Mouthguard |
| Cheerleading | | | No equipment supplied | Appropriate shoes |
| Cricket | <ul style="list-style-type: none"> Cricket white pants (purchase own) PGS white Cricket shirt PGS cap or own white Cricket wide brimmed | <ul style="list-style-type: none"> PGS First training long sleeved PGS First cricket cream polo PGS Cricket baggy cap Own Cricket whites (cream pants preferred) | Cricket gear provided except groin protection | Groin protection |
| Cross Country | <ul style="list-style-type: none"> PGS Athletics singlet PGS navy shorts PGS bike short PGS sport socks | NA | No equipment supplied | Appropriate shoes |
| Dance | <ul style="list-style-type: none"> Black leggings (own) PGS navy polo Competition costume - cost applies Black Jazz shows (supply own) | NA | No equipment supplied | Appropriate shoes |
| Equestrian | <ul style="list-style-type: none"> Refer to Equestrian handbook | | | |
| Golf | <ul style="list-style-type: none"> PGS navy sport polo PGS navy sport short or golf shorts PGS sport socks | NA | No equipment supplied | Golf clubs & shoes |

| Sport | Uniform | First Team Uniform | PGS Equipment Provided | Parent To Purchase |
|------------------|--|---|---------------------------------|---|
| Netball | <ul style="list-style-type: none"> PGS Netball dress PGS sport socks | <ul style="list-style-type: none"> First Netball dress First Netball training polo First long sleeve training top | Training equipment | Appropriate shoes |
| Sailing | <ul style="list-style-type: none"> PGS navy sports top PGS navy short PGS Sailing Bibs - provided Closed toe shoes | NA | Training equipment | Boots & appropriate clothing |
| Snowsports | Refer to Snowsports Handbook | | | |
| Soccer | <ul style="list-style-type: none"> PGS Soccer shirt PGS Basketball /Soccer shorts PGS sport socks | <ul style="list-style-type: none"> PGS First Soccer top - numbered PGS First Soccer shorts PGS red longs socks | Shin pads & goalie gear on loan | Shin pads & mouthguards |
| Softball | <ul style="list-style-type: none"> PGS white striped sport shirt PGS navy sport shorts PGS sport socks | NA | Training equipment | Appropriate shoes |
| Surf Life Saving | <ul style="list-style-type: none"> PGS bathers PGS Lifesaving cap (supplied) Pink competition vest (bring own if possible) | NA | No equipment supplied | Boards |
| Swimming | <ul style="list-style-type: none"> PGS bathers PGS swim cap Speed suit - must be approved by Director of Sport PGS towel (optional) | NA | Training equipment & race caps | Goggles |
| Table Tennis | <ul style="list-style-type: none"> PGS white striped sport shirt PGS navy sport shorts PGS sport socks | NA | Bats on loan | Table Tennis bat & appropriate shoes |
| Tennis | <ul style="list-style-type: none"> PGS white sport shirt PGS navy sport shorts PGS Tennis skort PGS sport socks | <ul style="list-style-type: none"> PGS Tennis First white polo PGS First long sleeved training top | Racquets on loan | Tennis racquet & appropriate shoes |
| Touch Football | <ul style="list-style-type: none"> PGS Athletics singlet PGS bike short or PGS navy short PGS sport socks | <ul style="list-style-type: none"> PGS Athletics singlet PGS bike short PGS sport socks PGS First long sleeved training top | Training equipment | Mouthguard & appropriate Shoes |
| Triathlon | <ul style="list-style-type: none"> PGS Athletics singlet PGS bathers PGS navy shorts PGS Triathlon suit - optional | NA | Training equipment | Road bicycle, helmet, goggles & appropriate shoes |
| Volleyball | <ul style="list-style-type: none"> PGS white sport shirt PGS navy sport shorts (girls) PGS Basketball/Soccer/ VBall shorts PGS sport socks | <ul style="list-style-type: none"> PGS navy Firsts Volleyball shirt PGS bike shorts (girls) PGS Volleyball First shorts Libero top supplied | Training equipment | Appropriate Shoes |
| Waterpolo | | | | |
| Winter Tennis | | | | |



KEY

- R Reception - all visitors please check in
- Traffic flow at dropoff and pickup times; 8am–9am and 3pm–4:15pm
- Visitor only parking
- General parking
- Staff only parking
- Year 12 student parking
- + AED - Automated External Defibrillator
- + Asthma kits & EpiPens
- + Location highlighted in red in the Legend



LEGEND

- | | | |
|--|--|---|
| 1. D.B. Clarke Centre (Junior/Middle School), Admission + Staff Room | 11. Physical Education Centre & Horsburgh Pool + Foyer | 21. Year 10 Centre (V Block) + Main Entrance opposite IT |
| 2. Junior Gymnasium & Ken McGarvin Pool + Foyer | 12. ALX/US (Year 5 to 8) | 22. Zammit Senior Centre + ZC203 |
| 3. Kindergarten | 13. Pennell Centre (Pre Senior Year 9, Food Technology, S Block) + S7 | 23. Heather Reilly House (Boarding) + Entrance |
| 4. Junior School (Prep-Year 1) + ECC Office | 14. Information and Resource Centre (R Block) + R11 | 24. Student Services: Uniform Shop, OPGA, Counsellors, Archives |
| 5. H.A. Macdonald Pavilion + Foyer | 15. Visual Arts (K Block) + Outside K18 | 25. School Health Centre + Storage Room |
| 6. Junior School Science & Art | 16. Old Gym | 26. Jaffray House (Boarding) + Office |
| 7. Chapel car park | 17. Admin Building: Principal, DP, Transport & Safety Manager, Accounts, Business Manager + Staff Room | 27. Study Tour Classrooms |
| 8. Chapel | 18. Sir Reginald Ansett Hall & R.T. Hille Performing Arts Centre (PAC) + Foyer | 28. Residence House |
| 9. Perry Building (Middle School) + Downstairs Staff Room | 19. VCE Science Centre + PS2 Chemistry Studio – Preparation Room | 29. Detmold + Downstairs Equipment Storage |
| 10. Property Office | 20. Science (Q Block) + Q15 | 30. Tuck Shop |





SPORT STAFF

A range of staff are involved in the coaching and management of our sporting programs, including teaching staff, external coaches and elite coaches.

| Position | Staff Name | Background |
|--------------------------------------|----------------|--|
| Head of Netball | Jodie Carroll | Jodie has had a lifetime of love for the game of Netball. Selected for Geelong VNL team whilst at university, her career turned to coaching after unilateral knee reconstructions. With a Bachelor of Applied Science Sports Science Degree and Diploma of Education, Jodie is also an Intermediate Accredited Netball coach. Coaching for 25 years across all age groups at local and representative level, most recently coaching Peninsula Firsts to 4th in season 2021. Jodie's passion is for all to find the love of the game at every level and enjoy all the benefits of being involved in a team game. |
| First Netball Coach | Julie Corletto | Julie is passionate about sharing her experience and knowledge of the game to juniors and helping them to achieve their goals and aspirations. She has 52 Australian Diamonds test caps including 3 x World Cup Gold medals (Auckland, Singapore & Sydney) & a Commonwealth Games Gold Medal (Glasgow). She retired from playing in 2015 and since then has loved sharing her skillset through coaching in the UK & Australia. |
| First XVIII AFL Coach | Brad Sykes | Brad lives and breathes Australian Rules Football. A VFL Player between 2009-15 at Casey and Frankston and has been on the Board of Frankston FC since 2019. Brad ran the FDJFL Development Program and Interleague Carnival between 2016-19. He has a passion for the holistic development of every player and enjoys the life skills learnt through sport. Brad has coached at Peninsula Grammar since 2022, bringing home the Schools best season in recent history and winning back the prestigious Hammond Cup. |
| Soccer Technical Director | Martyn Ashton | Martyn started playing football from the age of 6. He played for 3 years at Blackpool Football club as a trainee apprentice, on leaving Blackpool played Semi Pro in the Northwest Counties league in England. Martyn has also played Semi Professional Cricket in the Northern League in England for Blackpool Cricket Club Representing them at Lords in London the home of Cricket in the National Knockout Tournament in 1980 which we won and become National Champions also played at Old Trafford Cricket Ground on two occasions and won the Lancashire Cup as the best team in Lancashire and also won 5 league winners titles. Moved back to Australia in 2010 to live in Mount Martha, he has ever since been involved in playing over 35s football and coaching at Senior and Junior levels at Mornington Soccer Club, where he has been involved in 5 league title winning teams and a cup winning team. He is also Junior Director of Community coaching at the club, as well as Soccer Technical Director at Peninsula Grammar in his second soccer season. |
| Head of Tennis First Tennis Coach | Amanda Hassett | Amanda started coaching the Peninsula First Girls Tennis Team in 2019. She is a Tennis Australia Accredited Club Professional who also holds a Bachelor of Commerce and Teaching. Amanda has been coaching for over 25 years. She has been the Head Professional Coach at Bairnsdale, Main Ridge, Rye Tennis Clubs and National University of Singapore. Amanda was the Head Coach for the Gippsland Sports Academy. As well as an extensive coaching history Amanda has played at a high standard, achieving a WTA singles ranking. |

| | | |
|---------------|-----------------|--|
| Head of Touch | Greg Kennedy | Greg has loved Touch Football since the High School playground days. He has played and coached in the VTL for Melbourne University and with Victorian State teams. Greg focusses on players learning and understanding Touch Football, a game players usually don't have a lot of experience in. Setting a good foundation of skills and understanding of basic tactics early, means we can develop in the Firsts Squad. |
| Triathlon | Mitchell Couper | Mitch is an accredited Triathlon Australia coach and current professional triathlete. Having raced as a junior elite through high school and competing at an U19 World Championship, Mitch has a strong understanding about juggling academic and sporting goals. Currently completing a degree in Exercise & Sports Science, he has a passion for all things triathlon and endurance sport and specializes in coaching juniors, with a focus on race skills and fostering a supportive, enjoyable group training environment that encourages participation. |









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